

# Mental Health Training Requirements for Round 2 Grants



The Office of School Safety will accept mental health training options that meet all the following criteria to satisfy the School Safety Initiative round 2 grant training requirement:

1. Cost of training. Reimbursement of training costs is limited to the actual cost of the training components, not to exceed \$180/attendee, and limited to 10% of the number of the school's full-time teachers and counselors.
2. Content of training
  - a. Training must include all the following topics (see Table 1):
    - i. Adolescent development
    - ii. Adolescent mental health\*
    - iii. Trauma informed practices
    - iv. Verbal de-escalation techniques
    - v. Engaging families
    - vi. The role of law enforcement in mental health issues
    - vii. Accessing external behavioral health resources
  - b. Training must be at least 12 hours in length.
    - i. The 3-hour ACE/TSS training from the first round of grant awards does not count towards this 12-hour requirement. (Additional training and/or additional DPI modules would apply.)
  - c. *Not all mental health training courses include all required topics.* Schools may supplement mental health courses to meet training requirements—see section 4.
3. Eligible mental health training courses
  - a. Mental health training courses (2.a.ii., *asterisked above*) must be delivered via a formal course created or endorsed by a nationally-recognized mental health organization, by an instructor certified by the organization to teach that course, which demonstrates evidence-based outcomes.
  - b. These courses are known to be locally used and nationally-recognized programs:
    - i. *Adolescent Mental Health Training.*<sup>1</sup> The AMHT course meets grant training requirements.
    - ii. *Youth Mental Health First Aid.*<sup>2</sup> Youth Mental Health First Aid (YMHFA) training does not meet all grant requirements but may be supplemented to meet requirements—see section 4.
    - iii. *Typical or Troubled.*<sup>3</sup> “Typical or Troubled?”<sup>®</sup> does not meet all grant requirements but may be supplemented to meet requirements—see section 4.

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<sup>1</sup> <https://nasro.org/cms/wp-content/uploads/2014/04/AMHT-SRO-Course-Outline-and-Objectives.pdf>

<sup>2</sup> <https://www.mentalhealthfirstaid.org/cs/wp-content/uploads/2016/01/Youth-Mental-Health-First-Aid-Overview.pdf>, and [http://ldh.la.gov/assets/docs/MyChoice/Training/MHFA-8-hour-Syllabus\\_learning-objectives-for-CEUs.pdf](http://ldh.la.gov/assets/docs/MyChoice/Training/MHFA-8-hour-Syllabus_learning-objectives-for-CEUs.pdf), p. 2.

<sup>3</sup> <https://apafdn.org/impact/schools/typical-or-troubled/>; Typical or Troubled?<sup>®</sup> brochure; communications w/APA.

**Table 1: Mental Health Course Content Comparison**

Training topics required to meet round two grant training requirement	Adolescent Mental Health Training (AMHT/NASRO)	Youth Mental Health First Aid	Typical or Troubled®
• Adolescent development	Yes	Yes	No
• Adolescent mental health	Yes	Yes	Yes
• Trauma informed practices	Yes	Yes	Yes
• Verbal de-escalation techniques	Yes	No	No
• Engaging families	Yes	No	No
• Role of law enforcement in mental health issues	Yes	No	No
• Accessing external behavioral health resources	Yes	No	No
Length of course	12 hours	8 hours	~3 hours

#### 4. Supplemental training

a. Schools may supplement the selected mental health course by assembling a training program that meets all the requirements in section 2 (also see table 1).

i. Non-exclusive examples of *verbal de-escalation* training include:

1. School staff with formal training, demonstrable expertise, and previous experience conducting in-service training in verbal de-escalation.
2. Law enforcement Crisis Management instructors certified by the Law Enforcement Standards Board.
3. CPI's one-day Nonviolent Crisis Intervention Training.<sup>4</sup>
4. National Center for Campus Public Safety Verbal De-Escalation Education Program.<sup>5</sup>

ii. Non-exclusive examples of *family engagement* and *accessing external behavioral health resources* training include:

1. School staff or "mental health navigators"<sup>6</sup> with formal training and experience in assisting and engaging families of school youth into the mental health assessment and treatment process, including arranging treatment and resolving parental misunderstandings and conflicts.
2. City/county/private mental health advocates and treatment providers with training and experience similar to the above.

<sup>4</sup> <https://www.crisisprevention.com/What-We-Do/Nonviolent-Crisis-Intervention>

<sup>5</sup> <https://www.nccpsafety.org/training-technical-assistance/virtual-professional-development/verbal-de-escalation-education-program>

<sup>6</sup> "Mental health navigators" are defined in DPI's *School-Based Mental Health Services Grant* guidance document, [https://dpi.wi.gov/sites/default/files/imce/main-dpi-domain/2019-02-04\\_smhsg\\_guidance\\_19-21\\_with\\_cover.docx](https://dpi.wi.gov/sites/default/files/imce/main-dpi-domain/2019-02-04_smhsg_guidance_19-21_with_cover.docx).

- iii. Non-exclusive examples of the *role of law enforcement in mental health training* include:
  1. Law enforcement Crisis Management instructors certified by the Law Enforcement Standards Board.
  2. School Resource Officer, assigned law enforcement liaison officer, or law enforcement school threat assessment team member with experience in assessing and committing youth under Wis. Stat. §51.15.
- b. Any training received prior to the grant period (7/1/2018) does not apply towards the 10% of full-time teachers & counselors required to receive training under round 2 of the School Safety Initiatives grant. In other words, if a school trained 5% of its full-time teachers and counselors in 2017, the school must still instruct an additional 10% to meet grant requirements. Round-up; i.e. 10% of 11 = 2.

### **Innovative/Sustainable Alternatives:**

Schools are encouraged to consider sustainability when meeting this training requirement. There may be developments that could permit selected schools to develop in-house mental health course instructors. This could allow schools to deliver training to more than 10% of staff and/or continue to train staff for years into the future.

If your school is interested in exploring such a train-the-trainer model, contact [rehbergga@doj.state.wi.us](mailto:rehbergga@doj.state.wi.us) by June 14, 2019. All other grant questions should be directed to the assigned grant specialist.

### **Applying for grant funds for non-AMHT training:**

AMHT training courses are funded via a host school process. Schools that wish to attend AMHT courses need only register for the course following the link on the OSS website.

Schools wishing to utilize a non-AMHT training option must comply with the following process:

1. Download and complete the [Mental Health Training Form<sup>7</sup>](#) (from the OSS website). Please contact your grant specialist if you have questions about filling out the form.
  - a. Applicants must account for how they will accomplish training of 10% of full-time teachers and counselors.
  - b. Applicants must describe the proposed training plan and specify the total cost of the proposed training. Reimbursement of training costs is limited to the actual cost of the training not to exceed a total cost of \$180/attendee, and is limited to 10% of the number of the school's full-time teachers and counselors.
2. E-mail the completed Mental Health Training Form to your grant specialist for approval. It must be e-mailed to and approved by the Office of School Safety prior to the beginning of training. OSS will contact the Project Director/Signatory if there are questions regarding approval.

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<sup>7</sup> [https://www.doj.state.wi.us/sites/default/files/school-safety/SSI-Mental\\_Health\\_Training\\_Form.pdf](https://www.doj.state.wi.us/sites/default/files/school-safety/SSI-Mental_Health_Training_Form.pdf)

3. Upon approval your grant specialist will notify you and will provide instructions on the grant modification and/or supplemental award process for your grant.
4. You may begin training after any necessary grant modifications or supplemental awards are completed and approved.
5. Update the last column (“Training Completion Date”) as staff completes their training. If attendee names change, add the replacement attendee at the bottom of the form and the training completion date. Retain this completed form.
6. If not previously returned, OSS will request the completed Mental Health Training Form prior to awarding final grant payment. Return the form to your grant specialist showing the names and dates of staff training.