

# Instagram smart card

## Personal safety tips

- ✓ Assume that **ANYONE** can see any information about your activities, personal life, or professional life that you post and share.
- ✓ Ensure that your family takes similar precautions with their accounts; their privacy and sharing settings can expose your personal data.
- ✓ Use caution when posting images of you or your family. Be aware of your surroundings, to include identifiable locations, military affiliations, and any other personal security vulnerabilities.
- ✓ It's highly discouraged to use geo-location tags.
- ✓ Use secure browser settings when possible and monitor your browsing history to ensure that you recognize all access points.

## Security tips

Here are 5 things you can do to help keep your account safe:

- ✓ Pick a strong password. Use a combination of at least six numbers, letters and punctuation marks (like ! and &).
- ✓ Make sure your email account is secure.
- ✓ Log out of Instagram when you use a computer or phone you share with other people.
- ✓ Think before you authorize any third-party app.
- ✓ Never give up your password to someone you don't know and trust.

## Privacy and safety tips

Decide whether you want to use your 'Photo Map'. Adding location to photos, also known as using the 'Photo Map' feature, is turned off for all photos someone uploads to Instagram. This means that photos won't appear on a person's Photo Map without their permission.

### Block if necessary

When people use Instagram's blocking feature, the person they block cannot view their posts or search for their Instagram account.

## Make your posts private

You can make your posts private in the Instagram app so only approved followers can see them.

### Things to keep in mind about private posts:

- ✓ Private posts you share to social networks may be visible to the public depending on your privacy settings for that network. For example, a post you share to Twitter that was set to private on Instagram may be visible to the people who can see your Twitter posts.
- ✓ Once you make your posts private, people will have to send you a follow request if they want to see your posts, your followers list or your following list.
- ✓ You'll see requests in Activity, which you can then approve or ignore.
- ✓ People can send a photo or video directly to you even if they're not following you.



## Remember

- ✓ Your media represents you. That probably seems obvious, but remember it can keep on representing you well into the future, because content posted online or with phones is pretty impossible to take back. So it's a good idea to think about how what you post now will reflect on you down the line. If you think it might hurt a job prospect, damage a relationship or upset your grandmother, consider not sharing it.
- ✓ Your media could show up anywhere. Even if you limit the audience, be careful not to share anything that could be a problem if someone were to pass it around. **Once it's on the internet, it's there forever!**